

Escafe de Soie

Trust charter

MY COMMITMENTS TO YOU

We go through it together, during the conversation that opens the session. It sets out what you would like today, and only today: nothing carries over from one session to the next.

01 **Informed consent**

Your comfort is my compass. At any moment you may ask for a pause, an adjustment, or to end the session. One word is enough, with no explanation needed. No touch is ever imposed, and nothing changes without your agreement.

02 **Absolute confidentiality**

Your anonymity is guaranteed, from first contact to departure. No data is kept without your explicit agreement.

03 **An immaculate setting**

A space prepared for you, warm towels, heated organic oil. For the inside of the yoni, a lubricant suited to mucous membranes.

04 **Listening & kindness**

Every woman is unique. I adapt my touch to your needs, without judgement, in a space where you can be entirely yourself.

05 **Unconditional welcome**

Whatever your story, your age, your shape or your apprehensions, you are welcome. Whatever rises in you is welcome too: pleasure, tears, laughter, silence.

06 **The Feeling Guarantee**

If, during this conversation, you do not feel entirely at ease, you are free to end the appointment, at no cost and with no explanation.

One boundary never moves. My intimate parts stay out of it, always. My mouth never touches your yoni.

Nothing is asked of you in return. If touching me helps you let go, you may, never my intimate parts.

Yoni massage is an experience of pleasure and reconnection, not a treatment. For pain, vaginismus or pain during sex, the right people to see are a doctor, a midwife or a pelvic floor physiotherapist.

Today, I would like

Tick what suits you. If you fill it in at home, nothing you tick commits you: we go over it together, and a blank form awaits you on the day. You may change your mind at any moment, including during the massage.

The setting

- Surface** ☐ Table ☐ Futon
- What I wear** ☐ Naked ☐ Underwear ☐ Under a sheet
- What the practitioner wears** ☐ Dressed ☐ Underwear ☐ Naked
- Touch** ☐ Hands and forearms ☐ Body to body as well

Areas

- My body** ☐ Full body, without the intimate areas
- Also** ☐ The breasts ☐ External yoni massage
- Yoni mapping** ☐ No ☐ Outside ☐ Inside as well*

* Separate agreement: internal yoni massage

- ☐ Yes, I would like internal yoni massage. ☐ Not this time.

I know that I will be asked again, aloud, just before, and that I may withdraw my agreement at any moment. Silence is not a yes.

If you have an infection, are pregnant or have recently given birth, internal touch waits for another time. The rest of the session remains possible.

In my own words

Areas to avoid

What I would like to explore

What I would like you to know

Date: ____ / ____ / ____

This form bears neither your name nor your signature.